

Movement Disorders Patients' Journey Through **Step Therapy**

1.

A patient first **seeks treatment** for a complex variety of symptoms.



The provider may **select treatments** based on the patient's:

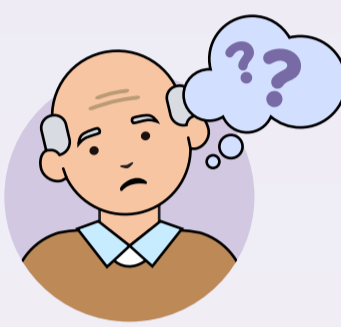
2.



Movement symptoms



Mental health symptoms

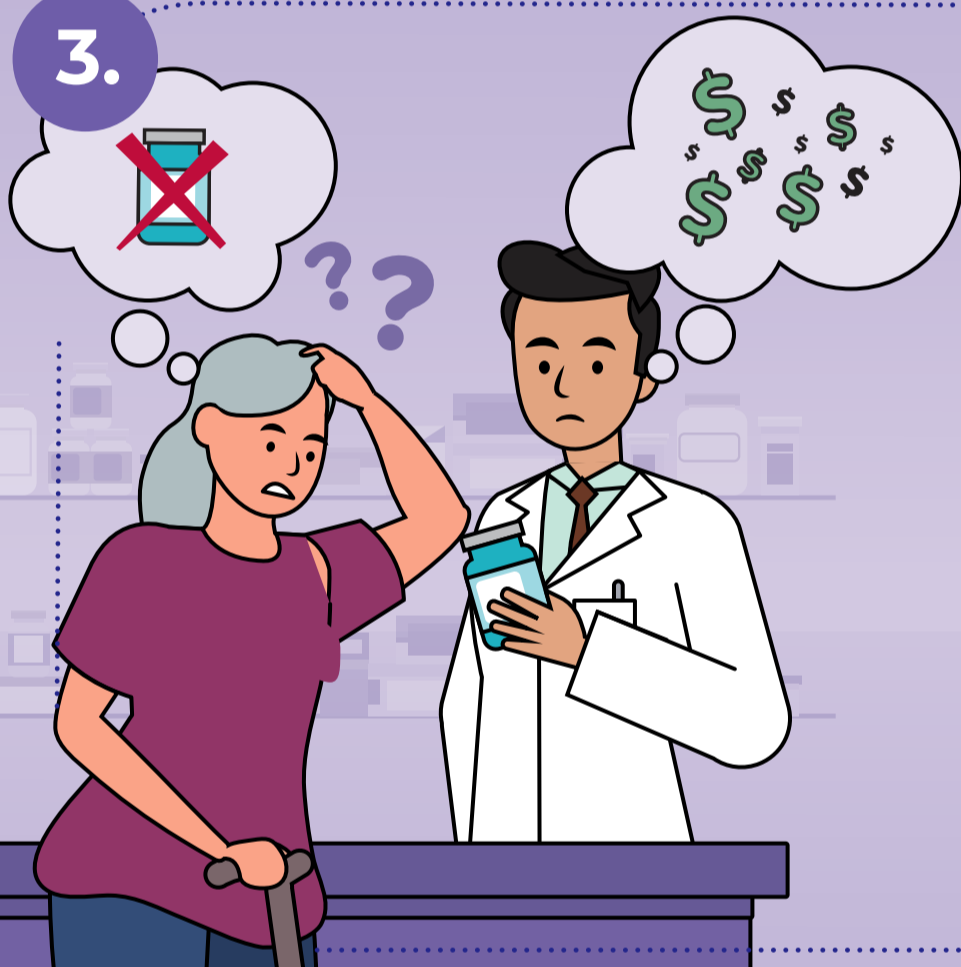


Cognitive symptoms



Individual needs

3.



The patient's health plan may require them to **“fail first”** on an insurer-preferred medication.

The medication may not even be FDA-approved for the patient's disease.

The insurer may require the patient to **try and fail yet another medication.**

Symptoms may continue or worsen.

4.



5.

After months of trying and failing different medications, a patient may:



eventually get the prescribed treatment



give up on seeking treatment

